

Winsford Work Zone

Courses for people aged 19 and over

January 2025



Course	Duration	Day	Time
Weekly IT and digital skills			
Entry Level 3 Essential Digital Skills for Work	Ongoing	Monday	9.30 – 11.30
Level 1 and 2 ICDL (Word & Excel)	Ongoing	Wednesday	9.15 – 11.15 12.00 – 2.00
January courses			
FLT Counterbalance & Reach	Ongoing	Monday - Saturday	8.30 – 4.00
Level 2 Business Admin	10 th January – 14 th March	Every Friday (10 weeks)	9.30 – 2.30
Level 1 Cleaning with COSHH	13 th 14 th & 15 th January	Monday – Wednesday	9.15 – 2.45
Interview Skills Cheshire Recycling	15 th January	Wednesday	10.00 – 2.00
Emergency First Aid	16 th January	Thursday	10.00 – 1.30
Level 1 Pathway to Work	20 th January – 17 th February	Every Monday (5 weeks)	10.00 – 2.00
CSCS Construction Card	27 th 28 th & 29 th January	Monday – Wednesday	9.30 – 3.00
Functional skills			
Functional Skills Maths E3, L1 & L2 12 weeks	8 th January	Wednesday	1.30 – 3.30
Functional Skills English E3, L1 & L2 12 weeks	17 th January	Friday	9.15 – 12.00
Available courses (subject to interest)			
Level 1 Cleaning with COSHH	Leisure & Hospitality	Level 2 Food Safety	SIA Security
Digital Marketing	Level 1 & 2 Customer Service	Level 3 First Aid	Budgeting
Pathway to Work	Introduction to Accounting	CSCS Construction	



BOOK NOW

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Course overviews

Steps To Work (Work Zone registration)	Registration at the Work Zone. The session looks at your skills, knowledge and employment history to develop an action plan for your future
Computers For Beginners	Learn to use a keyboard and mouse, access the internet and develop your browsing skills, create and send emails
Essential Digital Skills For Work (Entry Level 3)	Improve your confidence and skills by learning to use devices and handle information. The course covers creating and editing documents, online communications and transactions (buying and selling online) and being safe and responsible online
International Certification of Digital Literacy (ICDL): Word and Excel (Levels 1 and 2)	ICDL is an essential qualification covering the main concepts and skills in word processing and spreadsheets. The course covers creating, formatting, editing and saving files. After completing Level 1 you will be given the option to progress to Level 2
Fork Lift Truck Counterbalance and Reach	During this six day course you will be trained to use Fork Lift Trucks and on completion you will receive certification
Introduction To Construction (CSCS)	This three day course has been designed to provide an overview of the industry and the size and scope of organisations in the sector. It covers teamwork skills and Health and Safety procedures for this high-hazard environment. You will need a passport photo or photo ID for your online test application.
Emergency First Aid	This course covers resuscitation (adults, children and babies), the recovery position, choking and how to locate and use an automated external defibrillator
Award in Child Development (Level 1 and Level 2)	Aimed at those interested in early years childcare. You will learn about the link between children's learning and development, and play activities that support and encourage at each stage. The course also includes an introduction to special educational needs
Award in Customer Services (Level 1 and Level 2)	This three day course looks at what makes good and bad customer service. You will learn how to interact with customers and deal with complaints
Pathway to Health and Wellbeing (Part 1 and Part 2)	The course covers the importance of a balanced diet for a healthier lifestyle and how activity improves emotional and mental wellbeing. You will build confidence and self-esteem through use of short term goals and action planning. You will have the opportunity to achieve an Award in Living and Work Skills.
Mental Health Awareness (Level 2)	Break down myths and misconceptions. Issues covered include: stigma; self-esteem and confidence; anxiety, stress and depression; self-care and mindfulness
English Functional Skills Qualification (Accredited – all levels)	Many employers require an English qualification. This course will give you the essential knowledge, skills and understanding to feel confident in the workplace. Entry Level 3, Level 1 and Level 2 are recognised by employers with Level 2 being the equivalent of Grade C at GCSE
Maths Award (Accredited – Entry levels 1, 2 and 3)	This course will increase your confidence with everyday maths. The course is work-based and you will work through a portfolio of skills to achieve the qualification. All units covered underpin the functional skills award.
Functional Skills Qualification (Accredited – Entry level 3; Levels 1 and 2)	This qualification provides you with the knowledge, skills and understanding to operate confidently and independently with numeracy in everyday life and work. Level 1 and 2 are recognised by and often requested by employers, with Level 2 being the equivalent of Grade C at GCSE

Partner services

Work Club Youth Federation/National Careers Service	Tuesday	10am – 12 noon	Support with CV writing, cover letters, searching and applying for jobs; advice and guidance on your chosen career
Mentoring Service Employment Directions	By appointment	By appointment	Employment Directions provide the support you need to find, stay in or return to a good job where you can thrive
Jobcentre Plus	Monday-Friday	9am – 5pm (Wednesdays from	Jobcentre Plus is a government-funded employment agency who help people of working age to find employment in the UK
Citizens Advice Bureau (CAB)	Monday, Tuesday and Friday	By appointment	CAB is an independent organisation providing confidential information and advice on legal matters, debt, housing etc
Foodbank Voucher Scheme	Monday-Friday	9am – 4pm	If you are struggling to afford food and other essentials we may be able to help. Please visit us for more information