

## Priority Four Improving Health & Wellbeing

Outcomes	What needs to happen/Actions	Key deliverables
Every carer is registered at a GP practice	Review the success of the current G.P Link service with the Integrated Care Partnership (ICP)	Report on the G.P link worker role
	Promote registering as a Carer with your G.P as part of a larger campaign around raising awareness of the support available to carers.	Number of carers registered with a G.P increasing
	Consult with carers via a survey to better understand the barriers around carers registering with the G.P.	G.P satisfaction survey completed
	Integrated Care Partnership (ICP) to meet with GP Clinical Lead/PCNs to investigate options for increasing/improving support provided to carers by Primary Care	Update and outcomes report following meeting with G.P/PCN's
	Continue to offer training and education to G.P surgery's around identifying carers and the support available to them.	Increase in number of training sessions delivered to G.P surgery staff
All Age Carers supported to stay healthy	Review current 'staying healthy' advice and information provided by the CCG for carers	Update report on Staying healthy advice and information
	Explore the possibility for carer health checks	Update report on Staying healthy advice and information
	Explore the possibility for support for carers to be linked to health checks	Update report on Staying healthy advice and information

All Age Carers are supported at the point of hospital admission	Hospitals to investigate options to identify and support carers when the carer is admitted to hospital.	Hospital report on Carer pathways
All Age carers are supported to access wellbeing services	Review process for assessing and allocating carers direct payments	Carer payments practice guidance developed
	Access to wellbeing groups to be part of the carer offer in future commissioned services.	Wellbeing access to be included in recommission specification
All Age carers are recognised in the Mental health services	Review the recent Joint Mental Health Strategy with the clinical commissioning group and ensure that carers are adequately represented.	Meeting to be held between Clinical Commissioning Group and Commissioning Team
	Develop awareness training and information on the current support and services available to carers.	Awareness training sessions delivered to Mental Health Practitioners/ Development of e-learning modules
	Promote the current services and support available to carers of people with Mental Health issues.	Number of Carer referrals from Mental Health services to increase
All carers can access support to avoid financial hardship	To continue to provide information and financial advice on benefits and promote any financial aid schemes in place.	Number of Carers supported with financial hardship to increase
All Age Carers are listened too and feel valued contribute to good practice	Promote the carers groups on a regular basis as platforms for engagement by Health and social care commissioners.	Number of carer engagement sessions to increase
	Have carer representation at all relevant boards.	Introduce the Carers Partnership Board

All Age carers can access positive activities, physical exercise, and social contact	Work with key partners including our social prescribers and our in-house sports and leisure company Brio to develop an offer to carers that promotes positive activities, physical exercise, and social contact.	Number of Carers accessing Brio to increase
	Work in partnership with our arts and culture partners to promote existing events and opportunities within the community.	Develop partnerships with arts and culture partners and promote events and opportunities to increase the level of engagement of carers
	Support the development of carer led social contact groups	Increase in number of Carer led social groups